

ADDICTION SERVICES

- **Counselling**
- **Treatment Referrals**
 - Outpatient
 - Inpatient
- **Treatment Programs**
 - Living in Balance (Daily 1:30 pm)
 - Crackbusters (Thurs 6:30 pm)
 - The Steps We Took (Mon 6:30 pm)
(Seasonal)
- **Advocacy**
- **Liaison**
- **Hospital Visits**
- **School Visits**
- **Community Awareness**
 - National Aboriginal Addictions Awareness Week
 - National Anti-smoking Week
 - Promote healthy lifestyles
 - Partnerships with other agencies & organizations with similar goals & objectives.

Hours: Mondays-Friday

9:00 am-5:00pm

Closed 12:00pm-1:00pm

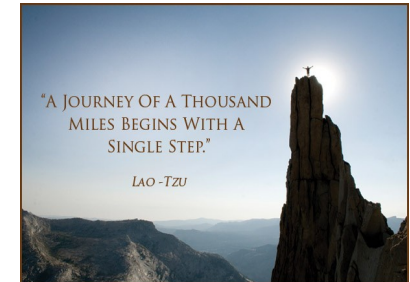
Telephone Numbers:



THE TREE OF PEACE FRIENDSHIP CENTRE
5011—51 Street, P.O. Box 2667, Yellowknife, NT, Canada X1A 2P9
Telephone (867) 873-2864 Facsimile (867) 873-5185



COMMUNITY WELLNESS PROGRAM



Phone: (867) 873-2864
Fax: (867) 873-5185

**Providing Addiction
Services For Over 30 Years**

LIVING IN BALANCE

- Outpatient Program
- Psycho-Educational
- Drug Awareness
- Relapse Prevention
- Life Skills

In-depth look at the following areas:

Biological Factors:

- Family History
- Genetic Predisposition
- Neurochemical Imbalances
- (due to drug use)
- Drug Hunger
- Withdrawals

Psychological Factors:

- Emotional/Psychiatric Problems
- Distorted Thinking
- Unhealthy Thought Patterns
- Dealing With Intense Emotions
- (once hidden by drug use)

Social Factors:

- Cultural Influences (attitudes toward chemical use)
- Social network (family & friends who use)
- Places That Trigger use
- People/Relationships That Trigger Us

*Monday-Friday
1:30 pm
(Closed Holidays)*

CrackBusters

(Thursday 6:30 pm)

- Common Experience
- Structured Exercises
- Self Examination
- Accountability & Responsibility

THE STEPS WE TOOK

(Monday 6:30 pm Sept—June)

This is an ongoing journey for those interested in learning more about the 12 steps.

Implementing a design for living, is the way the big book of Alcoholics Anonymous describes it.

Whether your addiction is to alcohol, drugs, gambling, food, violence or sex, the path to recovery is the same.

One step at a time.



TREATMENT REFERRAL PROCESS

- Formal Assessments
- Medical
- Required Number of Client Sessions
- Referral to Suitable Treatment Facility
- Out of the Territory Referral Committee

The Tree of Peace Friendship Centre is not in any way responsible for payment, acceptance, or denial of treatment referral to any Treatment Centre

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