

March

Journey to Recovery Monthly Topics

The Tree of Peace Friendship Centre

Wednesday: 2:00 – 3:30 pm

The Day Shelter

Tuesday & Thursday: Day Shelter 2:00-3:30pm

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>March 1st only Day Shelter will be from: 10am to Noon</p>	<p>1 JTR-Day Shelter INTRODUCTION Ask It Basket Video-Wellbriety</p>	<p>2 Tree of Peace JTR – Being Intentional</p>	<p>3 JTR - Day Shelter INTRODUCTION Video-Through a blue lens</p>	<p>4 March 3rd only Day Shelter will be from: 10am to Noon</p>	5
6	7	<p>8 JTR-Day Shelter Video Road Map for Recovery</p>	<p>9 Tree of Peace JTR- Developing Your Recovery Attitude</p>	<p>10 JTR-Day Shelter Choosing to Accept Help</p>		12
13	14	<p>15 JTR-Day Shelter Developing Your Recovery Attitude</p>	<p>16 Tree of Peace JTR- Choosing to Accept Help</p>	<p>17 JTR-Day Shelter Video To Be Silent/Nasa People</p>	18	19
20	21	<p>22 JTR-Day Shelter Video-Addiction in First Nations: Lindsay's Story</p>	<p>23 Tree of Peace JTR- Understanding Relapse</p>	<p>24 JTR-Day Shelter Fear in Addiction Recovery</p>	25	26
27	28	<p>29 JTR-Day Shelter Understanding Relapse</p>	<p>30 Tree of Peace JTR- Fear in Addiction Recovery</p>	<p>31 JTR-Day Shelter Video The Cat Who Drank To Much</p>		